

This is NOT a diet.org™

Disclaimer updated on: March 24, 2008

Disclaimer: This website features a group of people who on their way to attain better health, will use products and/or services from other people and/or companies. We are not health experts but are merely sharing what works for us. Seeing as such, read the disclaimer and take our content with a grain of salt.

By using this web site, you agree to the following Terms of Use. If you do not agree to all of these terms, please do not use this web site. Thisisnotadiet.org reserves the right to change, modify, add, or delete portions of these Terms of Use at any time. Your continued use of this web site following any changes to the Terms of Use will mean that you accept those changes. Please refer to the date listed above to determine when the last changes were made.

Content of this Web Site Is for Informational Purposes Only – No Medical Diagnosis is given:

The content and materials provided in this web site are for informational and educational purposes only and are not intended to supplement or comprise a medical diagnosis or other professional opinion, or to be used in lieu of a consultation with a physician or competent health care professional for medical diagnosis and/or treatment.

THISISNOTADIET.ORG OR ITS USERS DON'T GUARANTEE THE ACCURACY, TIMELINESS OR COMPLETENESS OF SUCH INFORMATION AND CONTENT AND MAKES NO WARRANTY, EXPRESS OR IMPLIED, REGARDING THE USE OF SUCH INFORMATION AND CONTENT. THISISNOTADIET.ORG OR ITS USERS DON'T ASSUME LIABILITY OR RESPONSIBILITY WHATSOEVER OF ANY KIND FOR THE INFORMATION OR CONTENT CONTAINED IN THE WEB SITE, OR FOR ANY DIAGNOSIS OR TREATMENT MADE IN RELIANCE THEREON.

Linked Sites:

THERE ARE LINKS FROM THIS WEB SITES TO WEB SITES OPERATED BY THIRD PARTIES ("LINKED SITES"). THISISNOTADIET.ORG USERS MAKE NO REPRESENTATIONS OR WARRANTIES REGARDING THE ACCURACY, INTEGRITY OR QUALITY OF THE LINKED SITES. CONSEQUENTLY, "THIS IS NOT A DIET" USERS WILL NOT BE LIABLE IN ANY WAY FOR THE LINKED SITES, INCLUDING, WITHOUT LIMITATION, FOR ANY LOSS OR DAMAGE OF ANY KIND INCURRED AS A RESULT OF YOUR USE OF THE LINKED SITES. YOU HEREBY IRREVOCABLY WAIVE ANY CLAIM AGAINST "THIS IS NOT A DIET" USERS WITH RESPECT TO THE LINKED SITES. YOU AGREE THAT YOU MUST EVALUATE, AND BEAR ALL RISKS ASSOCIATED WITH THE USE OF THE LINKED SITES, INCLUDING, WITHOUT LIMITATION, ANY RELIANCE ON THE ACCURACY, COMPLETENESS OR USEFULNESS OF THE MATERIAL CONTAINED ON THE LINKED SITES.